

# BLUE HUNTSVILLE

| MEDSPA | COSMETIC  
| SURGERY |

## Sclerotherapy Consent Form

Spider Veins (Telangiectasia's) are small purple to red vessels, often visible on the leg, ankle or foot. Occasionally, spider veins will appear on the face. The cause is unknown, but heredity plays a strong role in the development of this condition. Spider veins are progressive, and usually increase in number and visibility with age. These should not be confused with varicose veins, which are larger, deeper veins that are usually lumpy and sometimes deeper purple in color. Varicose veins may sometimes cause leg discomfort, whereas spider veins are usually pain free.

The oldest and most common treatment for spider veins on the legs is Sclerotherapy. This involves sclerosing agent into veins, which irritates the vessels, causing them to scar and become less noticeable. Dr. Bundrick uses a concentrated hypertonic saline solution, mixed with a small amount of lidocaine.

More than one treatment is sometimes required, since all of the veins will not always respond to the first treatment. Also, since this is a progressive condition, the patient can expect new spider veins to occur over time, which may require treatment every few years to maintain the improvement.

### **Possible Risks Include:**

- **Occasionally a tan discoloration can be seen in the shape of the vein. In extreme cases it may be permanent or take over a year to fade. People who tan or have a dark complexion are more prone to this. If you choose to tan, we recommend that you use an SPF of 30 higher.**
- **Veins may be tender to the touch after the injection. Occasionally, the tenderness can last a couple of weeks.**
- **There may rarely be an occasion where the medicine will leak out of the vein. If enough leaks out, it can collect under the skin and cause some irritation.**
- **Spider veins may break out along the path of a treated large varicose vein. We usually can inject them, but it may not be possible to entirely eliminate them.**
- **Taking products such as Vitamin E, Iron, Aspirin, Anti-Inflammatory or Gingko may make you more prone to bruising and/or darkening of the veins after treatment.**
- **Blood clots in deeper veins have been very rarely reported, but the possibility does exist. It is very important to wear the stockings as directed and to remain active after treatment.**
- **In case of any type of allergic reaction, please call our office at 256-428-2339.**

I fully understand the possible risks involved in Sclerotherapy and agree to be treated.

---

Patient Signature

---

Date